





January 2019

the Q center

safe space for LGBTQ youth & allies


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|--|--|--------|----------|
| | | 1)  | 2) TransYouth & TransParent 6:30-8:30 pm | 3) Drop In 2:30-6:00 pm Steppin' Out 6:00-8:00 pm | 4) | 5) |
| 6) | 7) Let's talk about sex with CAPP 4:00 -7:00 | 8) New Group with Vera House 3:00 -5:00 LGBTQ& Allies 6:00-8:00 | 9)  18 & Up 6-8 | 10) Drop In 2:30-6:00 pm Steppin' Out 6:00-8:00 pm | 11) | 12) |
| 13) | 14) Let's talk about sex with CAPP 4:00 -7:00 Auburn Drop In 3-5 Group 5- | 15) New Group with Vera House 3:00 -5:00 LGBTQ& Allies 6:00-8:00 | 16) TransYouth & TransParent 6:30-8:30 pm | 17) Drop In 2:30-6:00 pm Steppin' Out 6:00-8:00 pm | 18) | 19) |
| 20) | 21) CLOSED  | 22) New Group with Vera House 3:00 -5:00 LGBTQ& Allies 6:00-8:00 | 23)  18 & Up 6-8 pm | 24) Drop In 2:30-6:00 pm Steppin' Out 6:00-8:00 pm | 25) | 26) |
| 27) | 28) Let's talk about sex with CAPP 4:00 -7:00 Auburn Drop In 3-5 Group 5- | 29) New Group with Vera House 3:00 -5:00 LGBTQ& Allies 6:00-8:00 | 30) | 31) Drop In 2:30-6:00 pm Steppin' Out 6:00-8:00 pm | | |

What Group Is Right For Me?

Monday- Let's talk about Sex ages 10-21 Peer Leadership Opportunities **Tuesday-** LGBTQ Youth & Allies Ages 13-17 **1st & 3rd Wednesday-** TransYouth (trans* youth ages 13-22) TransParent parents/caregivers of Trans or gender creative children any age **2nd & 4th Young Men's Group** (18 & up) Men who are attracted to other men **Thursday-** Steppin' Out LGBTQ young people ages 18-25



For More Information Call (315)701-2431

 Friend or Follow Us : Qcenter Youthpage

NEW THIS MONTH

Starting January 7 CAPP will be having their group every Monday from 4:00 -7:00.
Also starting January 8 every Tuesday from 3:00 -5:00pm a new group in collaboration with Vera House with a focus on LGBTQ relationships, family, DVSA awareness & education.

