

September 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Friend or Follow us The Q Center at ACR Health Instagram			1) Virtual LGBTQ Youth Group Group Coloring	2) The Shake Up CNY In-Person 2:00- 5:00 pm QT's Of Color Hybrid	3)	4)
5) CNY Q CENTER CLOSED	6)	7) The Shake Up UTICA IN-PERSON Video Games YA Virtual Group Group Coloring	8) Virtual LGBTQ Youth Group Managing School Year Stress	9)	10)	11)
12) CNY Q CENTER CLOSED	13) CNY Q CLOSED Watertown IN-Person 5:00-6:30	14) The Shake Up UTICA IN-PERSON YA Virtual Group Surprise Topic	15) Virtual LGBTQ Youth Group How to Start a GSA	16) QT's Of Color Virtual ONLY	17)	18)
19) Bisexual Awareness Week CNY Q CENTER CLOSED	20) CNY Q CLOSED Watertown IN-Person 5:00-6:30	21) The Shake Up UTICA IN-PERSON Murder Mystery YA Virtual Group Surprise Topic	22) Virtual LGBTQ Youth Group	23)	24)	25)
26)	27) The Shake Up CNY IN-PERSON NEW LOCATION!!	28)	29)	30)		

In Person
The Shake Up
Mondays
CNY
3:00-6:00 PM
ages 13-25

Mondays
NNY
5:00-6:30pm
ages 13-25

Tuesdays
UTICA
3:00-6:00 PM
ages 13-25

1st & 3rd Thursdays
QT'S OF COLOR
5:00-6:00PM

Queer & Trans Black, Indigenous
and People of Color
ages 13-25

Virtual Groups
Tuesdays
Young Adults
ages 18-25
6:00-7:00 pm
Wednesdays

LGBTQ* Youth & Allies ages 13-18
(still in high school)
4:00-5:00 PM