

April

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



WHAT'S HAPPENING THIS MONTH!

LGBTQ YOUTH & ALLIES (5:30-7:30)

- 4/1 LEGO NIGHT W/ TINA & MELISSA
- 4/8 MENTAL HEALTH & RELATIONSHIPS
- 4/15 JP MORGAN CHASE: BUDGETS
- 4/22 HIKING 101

LGBTQ YOUNG ADULTS (5:30-7:30)

- 4/3 SINGING SOULUTIONS
- 4/10 FRAMILY FEUD WITH PRIZES!
- 4/17 JP MORGAN CHASE: CREDIT 101
- 4/24 HIKING 101

QTS OF COLOR (5:30-7:30)

- 4/11 VISION BOARDS
- 4/25 COOKING WITH BEEJAY

TWEEN TIME (SHAKE-UP 3:30, GROUP 4:30-6:30)

- 4/5 WHEN WE DON'T GET ALONG
- 4/19 FRIENDSHIP BRACELETS

5TH MONDAY/TUESDAY

GROUPS MEET AT 617 W. GENESEE ST, SYRACUSE

**OPEN FOR SHAKE-UP
MONDAYS/WEDNESDAYS AT 3:30**

**SCHEDULE SUBJECT TO CHANGE
OR GROUPS COULD BE CANCELED
DUE TO INCLEMENT WEATHER.**

 The Q Center @ ACR Health

 theqcenter_at_acrhealth

 theqcenteratacrhealth

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GROUPS MEET AT 210 COURT ST, WATERTOWN

**OPEN FOR SHAKE-UP
WEDNESDAYS/THURSDAYS AT 2:30**

**SCHEDULE SUBJECT TO CHANGE OR GROUPS
COULD BE CANCELED DUE TO INCLEMENT
WEATHER.**

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WHAT'S HAPPENING THIS MONTH!

LGBTQ YOUTH & ALLIES (5-7PM)

4/4 HYGIENE 101
4/11 BOUNDARY SETTING
4/18 DISNEY TRIVIA
4/25 BUTTON MAKING

LGBTQ YOUNG ADULTS (5-7PM)

4/3 BODY NEUTRALITY
4/10 PLANT PARENT CLASS
4/17 ZINES 101
4/24 LIP SYNC BATTLES (7-9PM)

GOVERNEUR GROUPS (4-6:30)

4/2 ICE BREAKERS & JAR OF CONVO
4/16 ICE BREAKERS & JAR OF CONVO

TWEEN TIME (SHAKE UP 3:30, GROUP 4:30-6:30)

4/12 WHEN WORDS HURT US
4/26 CRAFT DAY

April



Mahawk Valley

WHAT'S HAPPENING THIS MONTH!

COMBINED LGBTQ YOUTH, YOUNG ADULTS & ALLIES (5:30-7:30)

4/2 DUNGEONS AND DRAGONS

4/9 EXPLORING JOURNALING

4/16 MUSIC THAT HAS HAD AN IMPACT

4/23 HIKING 101

5TH TUESDAY

PLEASE NOTE THE SHAKE-UP START TIME HAS CHANGED TO 3:30PM!

SCHEDULE SUBJECT TO CHANGE OR GROUPS COULD BE CANCELED DUE TO INCLEMENT WEATHER.

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**GROUPS MEET AT 287 GENESEE ST, UTICA
OPEN FOR SHAKE-UP TUESDAY AT 3:30PM**

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